School Safety Resources for Responding After School Violence

- The National Child Traumatic Stress Network created <u>Helping Youth After Community</u> <u>Trauma: Tips for Educators</u>. This tip sheet available in multiple languages describes how traumatic events, such as a natural disaster, school violence, or the traumatic death of a peer or educator, can affect students' learning, behavior, and relationships, and lists common reactions that educators might see in students.
- The National Association of School Psychologists (NASP) created <u>Tips for Parents and</u> <u>Teachers to Talk to Children About Violence</u>.
- Another NASP resource, <u>Helping Children Cope with Terrorism-Tips for Families and</u> <u>Educators</u>, is available in multiple languages and includes a companion infographic.
- <u>Common Sense Media</u> suggests taking an age-based approach to discussing news of school shootings to help children feel safe again.
- <u>Verywell Family</u> understands having a conversation with a child and/or teen about gun violence or school shootings can feel overwhelming and provides suggestions on how to handle these hard conversations.
- You may be struggling to understand how a shooting could occur and why such a terrible thing would happen. The <u>American Psychological Association</u> offers tips on managing your distress in the aftermath of a shooting.
- <u>The National Parent Helpline</u> at 1-855-4 A PARENT (1-855-427-2736) offers emotional support from a trained advocate Monday through Friday from 10 a.m. to 7 p.m. Pacific Standard Time (PST).

Additional NASP resources: <u>Responding to a Mass Casualty Event at a School: General</u> <u>Guidance for the First Stage of Recovery Responding to School Violence: Tips for</u> <u>Administrators</u>

OK2SAY

Schools, students, educators, and community members are encouraged to report any instances of threats, bullying, or harmful behavior to Michigan's OK2SAY hotlines. Anyone can report tips confidentially on criminal activities or potential harm directed at students, school employees, or schools. OK2SAY is available 24 hours a day, seven days a week by calling 8-555-OK2SAY (855-565-2729); texting OK2SAY (652729); or emailing <u>OK2SAY@mi.gov</u>. Specially trained technicians receive the tips and filter the information to the appropriate agency to provide a timely and effective response. For more information, go to: <u>www.michigan.gov/ok2say</u>.